Asperger Syndrome And Long Term Relationships

Adolescents and Adults with Autism Spectrum Disorders
Asperger Syndrome and Long-term Relationships
The Asperger Couple’s Workbook
The Partner’s Guide to Asperger Syndrome
The Curious Incident of the Dog in the Night-Time
Living With Aspergers Syndrome
Asperger Syndrome in the Family
Asperger Marriage and Relationships
Pretending to be Normal
The Asperger Love Guide
Love, Sex and Long-Term Relationships
Autism and Asperger Syndrome
Diagnostic and Statistical Manual of Mental Disorders
Fingers in the Sparkle Jar
Asperger Syndrome (Autism Spectrum Disorder) and Long-Term Relationships
Asperger Syndrome in the Family
Asperger Marriage and Relationships
Troubleshooting Relationships on the Autism Spectrum
Business for Aspies
22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know
A Guide to Asperger Syndrome
Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder)

Thousands of people live in Asperger marriages without recognizing the signs that their spouse has AS. When Swiss-born Katrin met Gavin while backpacking in Australia, she fell in love with a man that was kind, good looking and different. He followed her to Switzerland where they married eight months later. At first everything seemed fine, but once back in Australia things changed very drastically. Alone Together shares the struggle of one couple to rescue their marriage. It explains the clues that suggest a person might have AS and explores the effect of diagnosis. It is uplifting and humorous and includes plenty of tips for making as Asperger marriage succeed. This book offers couples hope, encouragement and strategies for their own relationships. Drawing on their own experiences of being in long-term relationships with partners with Asperger syndrome, and interviews with others in the same situation, the authors offer tried-and-tested advice on how to surmount common difficulties and make things work.

What are the motivations and desires behind relationship choices and sexual behaviour? Are they very different for those with Asperger Syndrome (AS) than for anyone else? Does having extreme sensitivity to physical touch or an above average need for solitude change one’s expectation of relationships or sexual experience? Many people on the autism spectrum have limited knowledge of how to establish or conduct sexual relationships: drawing on extensive research with people on the autism spectrum, the book openly explores such questions. For the first time people with AS discuss their desires, needs and preferences in their own words. AS attitudes to issues such as gender, sexual identity and infidelity are included, as well as positive advice for developing relationships and exploring options and choices for sexual pleasure. This accessible book is an invaluable source of information and support for those with Asperger Syndrome and couples in which one or both partners has Asperger Syndrome, as well as counsellors and health and social care professionals.

Rudy Simone covers 22 common areas of confusion for someone dating a female with AS, including advice from her own experience and that of other couples. She talks with humour and honesty about the little things that might be different from a relationship with a neurotypical woman and discusses first dates, sex, and even having children. If you’re in a relationship with someone who has Asperger’s syndrome, it’s likely that your partner sometimes seems cold and insensitive. Other times, he or she may have emotional outbursts for no apparent reason. And in those moments when you can’t understand each other at all, you both feel fed up, frustrated, and confused. The behavior of people with Asperger’s can be hard to understand and easy to misunderstand, which is why it’s so important to learn more about your partner’s condition. The tools presented in Loving Someone with Asperger’s Syndrome will help you build intimacy and improve the way you and your partner communicate. Filled with assessments and exercises for both you and your partner, this book will help you forge a deeper, more fulfilling relationship. This book will teach you how to: • Understand the effect of Asperger’s syndrome on your partner • Practice effective communication skills • Constructively work through frustrations and fights • Establish relationship ground rules to help you fulfill each others’ needs

An extraordinary memoir about the cutting-edge brain therapy that dramatically changed the life and mind of John Elder Robison, the New York Times bestselling author of Look Me in the Eye NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE WASHINGTON POST Imagine spending the first forty years of your life in darkness, blind to the
emotions and social signals of other people. Then imagine that someone suddenly switches the lights on. It has long been assumed that people living with autism are born with the diminished ability to read the emotions of others, even as they feel emotion deeply. But what if we’ve been wrong all this time? What if that “missing” emotional insight was there all along, locked away and inaccessible in the mind? In 2007 John Elder Robison wrote the international bestseller Look Me in the Eye, a memoir about growing up with Asperger’s syndrome. Amid the blaze of publicity that followed, he received a unique invitation: Would John like to take part in a study led by one of the world’s foremost neuroscientists, who would use an experimental new brain therapy known as TMS, or transcranial magnetic stimulation, in an effort to understand and then address the issues at the heart of autism? Switched On is the extraordinary story of what happened next. Having spent forty years as a social outcast, misreading others’ emotions or missing them completely, John is suddenly able to sense a powerful range of feelings in other people. However, this newfound insight brings unforeseen problems and serious questions. As the emotional ground shifts beneath his feet, John struggles with the very real possibility that choosing to diminish his disability might also mean sacrificing his unique gifts and even some of his closest relationships. Switched On is a real-life Flowers for Algernon, a fascinating and intimate window into what it means to be neurologically different, and what happens when the world as you know it is upended overnight. Praise for Switched On “An eye-opening book with a radical message . . . The transformations [Robison] undergoes throughout the book are astonishing—as foreign and overwhelming as if he woke up one morning with the visual range of a bee or the auditory prowess of a bat.”—The New York Times “Astonishing, brave . . . reads like a medical thriller and keeps you wondering what will happen next . . . [Robison] takes readers for a ride through the thorny thickets of neuroscience and leaves us wanting more.”—The Washington Post “Fascinating for its insights into Asperger’s and research, this engrossing record will make readers reexamine their preconceptions about this syndrome and the future of brain manipulation.”—Booklist “Like books by Andrew Solomon and Oliver Sacks, Switched On offers an opportunity to consider mental processes through a combination of powerful narrative and informative medical context.”—BookPage “A mind-blowing book that will force you to ask deep questions about what is important in life. Would normalizing the brains of those who think differently reduce their motivation for great achievement?”—Temple Grandin, author of The Autistic Brain “At the heart of Switched On are fundamental questions of who we are, of where our identity resides, of difference and disability and free will, which are brought into sharp focus by Robison’s lived experience.”—Graeme Simsion, author of The Rosie Effect In this volume several of the major experts in the field discuss the diagnostic criteria of Asperger syndrome. Includes bibliographical references (p. 227-230) and index. Positive, practical and realistic, this book offers a wealth of information on women, dating and relationships for men with Asperger Syndrome (AS). Many AS men are totally confused and bewildered by women and relationships and find it hard to know what to do, what to say and how to get it right. For these men, understanding the emotional side to relationships and women's needs can be a complete mystery and they often get it disastrously wrong. This practical handbook provides the answers to AS men's most frequently asked questions about women, dating and relationships, helping them to understand the way relationships work and increasing their confidence and ability to have successful relationships. This comprehensive handbook is essential reading for men with Asperger Syndrome (and their partners). It will also be of immeasurable use to counsellors and other professionals working with such individuals. A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships. First published in 2002. Routledge is an imprint of Taylor & Francis, an informa company. American Psychiatric Association The original DSM TM. Voted the UK’s Favourite Nature Book The memoir that inspired Chris Packham's BBC documentary, Asperger's and Me Every minute was magical, every single thing it did was fascinating and everything it didn’t do was equally wondrous, and to be sat there, with a Kestrel, a real live Kestrel, my own real live Kestrel on my wrist! I felt like I’d climbed through a hole in heaven's fence. An introverted, unusual young boy, isolated by his obsessions and a loner at school, Chris Packham only felt at ease in the fields and woods around his suburban home. But when he stole a young Kestrel from its nest, he was about to embark on a friendship that would teach him what it meant to love, and that would change him forever. In his rich, lyrical and emotionally exposing memoir, Chris brings to life his childhood in the 70s, from his bedroom bursting with fox skulls, birds' eggs and sweaty jam jars, to his feral adventures. But pervading his story is the search for freedom, meaning and acceptance in a world that didn’t understand him. Beautifully wrought, this coming-of-age memoir will be unlike any you’ve ever read. Asperger Syndrome (AS) can affect some of the fundamental ingredients required to make a relationship work, such as emotional empathy and communication. Maxine Aston, author of Aspergers in Love, has created this workbook to help couples where one of the partners has Asperger Syndrome deal with the difficulties that may arise in their relationship. With candid advice, activities and example worksheets, the book explores a variety of approaches that couples can use to counteract these difficulties. Whilst
acknowledging that all relationships are different and each needs to be viewed as a unique case, the author identifies specific issues that can be problematic in an Asperger relationship, such verbal and non-verbal communication, sexual issues, socializing and parenting, and comes up with simple and effective ways of addressing these issues. This practical book is designed for use by couples and families affected by AS, either on their own or in conjunction with a counsellor. It will also be of interest to couples counsellors, or other professionals working with people with AS. Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do go on to achieve happy and successful long-term relationships with non-spectrum (NS) partners. This supportive book will give NS partners a better understanding of NS/AS relationships, and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners, and enriching their relationships. Drawing on interviews with over 100 people in NS/AS relationships, as well as on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities and how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, or who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of NS/AS relationships. The author, Craig Kendall, is the father of a child with Asperger's syndrome. He has written several books on Asperger's syndrome and autism. In this book, Craig covers the issues that affect adults with Asperger's syndrome as well as those who love and support them. Chapter topics include: 1. Surviving the Social World: Making and Keeping Friends, Where and how to make friends as an adult / 2. Asperger's and Relationships: including relationship tips, dating, the "do's and don'ts" / 3. Loving Someone with Aspergers: Rekindling a failing relationship, Ideas for keeping the romance in your relationship, Keeping a marriage happy / 4. Employment and Adults with Asperger's: the interview, ten job interview tips, workplace issues, 8 issues to consider in selecting a job / 5. Services for Adults with Asperger's / How and when do I tell people I have Asperger's?: 4 reasons to disclose, 4 reasons NOT to disclose / 6. Self Advocacy: Learning to advocate for yourself / 7. How to Lead a Meaningful Life: Depression and anxiety, The search for meaning in adults with AS / 8. Getting an Asperger's Diagnosis as an Adult: Why to get a diagnosis, Resistance to or problems with getting a diagnosis, How to find a good therapist / 9. Therapy Options: Common reasons adults refuse therapy, Overview of different types of therapy, psychotherapy, 3 information processing problems, Occupational Therapy (OT) / 10. Nutrition and Eating Right: Supplements that can help your health, Diets, Seven reasons to avoid fast food Do you have Asperger’s Syndrome or know someone who does? Are you looking for a reference guide about Asperger’s in adults? Do you have questions you’d like to ask an expert in adult Asperger’s? If your answer is Yes to any of these questions, this book is for you. Clinical psychologist and Asperger’s authority, Dr. Kenneth Roberson, examines the often neglected area of Asperger’s in adults, covering topics such as: What causes Asperger’s Syndrome? Is it different in adults than it is in children? How can you find out if you have Asperger’s? What are the advantages and disadvantages of a diagnosis? What therapy is best for adults who have Asperger’s? Can adults with Asperger’s change? Are there benefits to having Asperger’s? Can adults with Asperger’s have intimate relationships? Can they be successful parents? These and many other questions are covered in this important addition to the field of Asperger’s as it occurs in adults. Resources and reference material about adult Asperger’s are included, along with a feature allowing readers to ask questions of Dr. Roberson. A fascinating collection of real-life personal profiles, The Myriad Gifts of Asperger’s Syndrome focuses on the talents, abilities, and achievements of individuals with Asperger’s Syndrome (AS). Vaschel has a remarkable connection with animals; Richard can tell the weight of any item he lifts to the nearest tenth of a pound; two-year-old Hannah detected a dangerously faulty electrical circuit in her family home; and eight-year-old Clark became conversant in French after only an evening’s study. What connects these individuals? They all have AS. John M. Ortiz celebrates the qualities of individuals with AS he has met through his clinical experience, including their characteristic tenacity, honesty, and attention to detail, and looks also at the wide range of careers they have chosen and in which they flourish. This uplifting book should be read and enjoyed by anyone who knows or works professionally with individuals with AS, and anyone with an interest in the subject. A new edition of Simon Baron-Cohen’s highly successful Autism: The Facts, updated to cover the important subgroup of patients with Asperger syndrome. Written first and foremost as a guide for parents, but required reading for interested professionals, it covers the recognition and diagnosis of these conditions, their biological and physiological causes, and the various treatments and educational techniques available. It presents the facts, allowing the reader to take
an informed position about the condition. The warm and hilarious bestselling memoir by a man diagnosed with Asperger syndrome who sets out to save his marriage. At some point in nearly every marriage, a wife finds herself asking, What the @#!% is wrong with my husband?! In David Finch’s case, this turns out to be an apt question. Five years after he married Kristen, the love of his life, they learn that he has Asperger syndrome. The diagnosis explains David’s ever-growing list of quirks and compulsions, but it doesn’t make him any easier to live with. Determined to change, David sets out to understand Asperger syndrome and learn to be a better husband with an endearing yet hilarious zeal. His methods for improving his marriage involve excessive note-taking, performance reviews, and most of all, the Journal of Best Practices: a collection of hundreds of maxims and hard-won epiphanies, including “Don’t change the radio station when she’s singing along” and “Apologies do not count when you shout them.” Over the course of two years, David transforms himself from the world’s most trying husband to the husband who tries the hardest. He becomes the husband he’d always meant to be. Filled with humor and surprising wisdom, The Journal of Best Practices is a candid story of ruthless self-improvement, a unique window into living with an autism spectrum condition, and proof that a true heart can conquer all. Compelling and witty, Liane Holliday Willey’s account of growing to adulthood as an undiagnosed ‘Aspie’ has been read by thousands of people on and off the autism spectrum since it was first published in 1999. Bringing her story up to date, including her diagnosis as an adult, and reflecting on the changes in attitude over 15 years, this expanded edition will continue to entertain (and inform) all those who would like to know a little more about how it feels to spend your life ‘pretending to be normal’. This book aims to help the spouses or partners who are married to or in a long term relationship with someone diagnosed with Asperger’s Syndrome or more likely, suspected Asperger’s Syndrome (AS). This book is an honest account of what my life has been like with my AS husband and how his Asperger’s has affected our marriage. We have had many crisis moments over the years but most of these have been through joint ignorance of my husband’s condition. With realisation came a long ‘getting to know you’ process and learning more about the condition and David’s idiosyncrasies. Advice that worked for us is clearly signposted. There are about 500 articles on a vast range of subjects plus lots of links to the latest research; David also writes about the topics I have chosen from his autistic experience, providing insight into how our relationship works (or doesn’t) from his perspective. I want to share with you the everyday, nitty gritty, tiny details that most people outside of your family would miss, that really affect you as a couple. I have gone into detail about these and explained why these behaviours happen. Not every man with AS is the same but you will recognise some of these behaviours in your husband or partner. I graduated with a Masters in Autism from Northumbria University and used my 18 years of experience (research) of living with David to write my dissertation about our marriage. I couldn’t help but be worried when he read through my dissertation at the end as I was concerned that I may have misunderstood some things or upset him with some of the detail. I believe it was probably quite hard for him to read how much his behaviour over the years had affected me but all he said after he had read it through was that it was ‘very insightful’. I knew then I had done a good job. Don’t you wish relationships came with a manual? Ashley Stanford has written a user’s guide to relationships that adopts a practical troubleshooting approach to resolving difficulties that will greatly appeal to the logical minds of individuals on the autism spectrum, as well as offering valuable guidance to their partners. Troubleshooting identifies problems and makes them fixable. This book presents a three-step troubleshooting process that can defuse even the trickiest relationship dilemma. Specific problem areas are covered in detail including communication, executive functioning, mindblindness, attachment, intimacy, co-habiting, and raising a family. The book offers straightforward solution-focused strategies and additional help is given in the form of bulleted lists, summaries, scripts, and example scenarios. This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome.” - Tess Coll, autism outreach teacher ‘The Asperger Love Guide is recommended reading for those with Asperger’s Syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger’s syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients’ - Professor Tony Attwood ‘This is the first book I’ve read in a long time that, once started, I couldn’t put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he’s ready for it. It’s not a book he would read himself; in fact I read the section “the merits of single life” out loud to him a bit like a bedtime story’. - Action for ASD ‘There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide’ - Cathy Mercer,
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NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text' the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England The author looks with honesty and humour at the implications of Asperger Syndrome for sufferers and other family members. Offers practical help for families in similar situations.Open, honest and upbeat, this book gives personal insight into both the ups and downs of an Asperger relationship. Seeking to challenge the bad press that people with Asperger Syndrome (AS) get as partners, Sarah and Keith tell their story of how they are making it work - and also how they got it wrong - with disarming frankness and humour. When Sarah and Keith met in 2003 neither knew much about Asperger Syndrome. Sarah thought Keith was 'weird' and couldn't work out why; and Keith thought Sarah was obsessed with diagnosing him with something-or-other. Difficulties ensued that brought the relationship to an end. Slowly, however, they each built up their knowledge of AS and in the meantime developed a mutual understanding, mutual acceptance and a desire to be together again. This personal account is supplemented with professional knowledge and anecdotes gained from Sarah's work with adults with AS - a career which started as a result of her experiences with Keith. She swears that she didn't take her work home with her! It is inspiring reading for couples in Asperger relationships as well as for counselling professionals. The research on children with autism spectrum disorders (ASD) is extensive and growing. Although these conditions are recognized as affecting the entire lifespan, the literature on ASD after childhood is limited and has not been brought together in a single volume in over a decade. Adolescents and Adults with Autism Spectrum Disorders fills this knowledge gap by focusing on needs and difficulties unique to these stages of development. Expert contributors offer cogent reviews of complex issues, from education to employment, leisure activities to illegal behaviors, mental health issues to medical health concerns. The latest findings in key areas, such as psychosocial and residential treatments, social skills programs, epidemiology, the impact of ASD on families, are examined in detail. Throughout the volume, coverage focuses on areas requiring improved models of assessment, updated data, new interventions and increased support services. Featured topics include: Transition from high school to adulthood for adolescents and young adults with ASD. Innovative programming to support college students with ASD. Romantic relationships, sexuality and ASD. Treatment of mental health comorbidities. Assessment and treatment planning in adults with ASD. The range of outcomes and challenges in middle and later life. Adolescents and Adults with Autism Spectrum Disorders is a must-have reference for a wide range of clinicians and practitioners – as well as researchers and graduate students – in clinical child, school and developmental psychology; child and adolescent psychiatry; social work; rehabilitation medicine/therapy; education and general practice/family medicine. It will also serve as an important resource for parents and caregivers with...
its focus on translating the current state of knowledge relevant to understanding adolescents and adults with ASD into practical and relevant recommendations on how best to support them. A sex manual like no other, this book covers a variety of mental health problems and offers ways to overcome them when they threaten to undermine a loving relationship. • Composite case examples that highlight both the types of problems couples confront and how they resolve them • Helpful exercises to maximize sexual pleasure and connectedness • Sidebars on etiology, assessment, and treatment of various mental disorder diagnosesAs awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood. Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future. "How To Finally Handle Your Child's Aspergers\With These Easy Directions" Asperger's Syndrome (AS) is a type of developmental condition under the Autism Spectrum Disorder. While these children usually exhibit certain behavioral, physical, and social shortcomings, they can make up for it if you know how to guide them in every step of the way. This is precisely why this book was written - to help parents like you determine how you can help your child or loved one handle this problem. Though this book is primarily written for children? Some tips and advice can be used for teens and adults alike. You can expect varying progress after following the techniques revealed in this book. To help you boost the success rate, you need to put in the required amount of effort and time. This book will also provide you with a guide on what to look out for, if you suspect your child to have AS. Aside from this, you can learn more about the following aspects of AS: • Basics of Asperger's Syndrome • How Aspies are diagnosed • Ideal activities at home and in therapy sessions • Recommended toys and games for kids with AS • How they mingle with other people • How you can understand them better • Interesting bits of information about them • Avoiding burnout while you care for your child and so much more! DOWNLOAD YOUR COPY TODAY! Happily married to her husband with Asperger Syndrome for 25 years, Ashley Stanford is an expert on how Autism Spectrum Disorder (ASD) can affect a relationship and her bestselling book has helped thousands of couples. Brought fully up to date, this second edition clarifies the new DSM-5 diagnostic criteria and explains how, without a solid awareness of the condition, ASD behaviors can easily be misinterpreted. Stanford's book provides a wealth of strategies for living with the more uncompromising aspects of ASD, pointing out that ASD also brings enormous strengths to a relationship. It shows how understanding the intentions, motivations and reasoning behind ASD behaviors can lead to better communication, relief of tension, and ultimately to a happier, more mutually fulfilling relationship. Life with a Partner or Spouse with Asperger Syndrome: Going Over the Edge? gives you a look into the lives of a handful of people who live with a loved one with Asperger Syndrome (AS). Written by a psychologist who has family members with Asperger Syndrome and has worked for years with clients with AS, the focus of the book is on how partners/spouses of someone with AS can take back their lives and find true meaning and happiness. Often the relationship between someone with AS and his or her partner is so strained that the conflicts escalate to damaging proportions, involving divorce, domestic violence and depression. The author explores these relationships in an effort to bring the two worlds a bit closer, which can ultimately make a real difference in the happiness of many people.In short, this book was written primarily to help spouses/partners of those with Asperger Syndrome learn how to grow away from dysfunctional behavior and dysfunctional relationships. Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome. Navigating the "neurotypical" world with Asperger syndrome or high-functioning autism (ASH/FA) can be extremely stressful. But by understanding the specific ways your brain works differently--and how to tap into your personal strengths--you can greatly enhance your well-being. In this wise and practical book, experienced therapist Valerie L. Gaus helps you identify goals that will make your life better and take concrete steps to achieve them. Grounded in psychological science,
the techniques in this book help you: *Learn the unspoken rules of social situations. *Improve your communication skills. *Get organized at home and at work. *Manage anxiety and depression. *Strengthen your relationships with family and friends. *Live more successfully on your own or with others. A wealth of stories, questionnaires, worksheets, and concrete examples help you find personalized solutions to problems you are likely to encounter. You can download and print additional copies of the worksheets for repeated use. Of special note, the Introduction was updated in 2017 with the latest information on how autism spectrum disorder is defined in DSM-5. Finally, a compassionate, knowledgeable, positive guide to living well on the spectrum.A bestselling modern classic—both poignant and funny—about a boy with autism who sets out to solve the murder of a neighbor's dog and discovers unexpected truths about himself and the world. Nominated as one of America's best-loved novels by PBS's The Great American Read. Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. He cannot stand to be touched. And he detests the color yellow. This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely heralded novels in recent years. This is an accessible 2002 handbook for all those touched by Asperger syndrome; clinicians, those affected and carers alike. Proven counseling strategies that will help improve the relationships of married, long-term or co-habiting couples with Asperger's Syndrome (Autism Spectrum Disorder). ASD relationship expert Eva A. Mendes provides advice straight from the couples' counselling room that can be applied in day-to-day living and help with the challenges that can arise in relationships where one or both partners are on the autism spectrum. This includes issues surrounding diagnosis, mental health, sexual compatibility, sensory needs, executive functioning, theory of mind, communication, and co-parenting. She offers unique practical ideas for positive change such as creating a relationship schedule, making expression of appreciation and gratitude a part of every day, and finding mutually satisfying activities and special interests to engage in with your partner. The strategies in this book will be useful to couples themselves and any couples' counselors or therapists working with them. Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything." Shortlisted for the 2019 Mark Lynton History Prize. A groundbreaking exploration of the chilling history behind an increasingly common diagnosis. Hans Asperger, the pioneer of autism and Asperger syndrome in Nazi Vienna, has been celebrated for his compassionate defense of children with disabilities. But in this groundbreaking book, prize-winning historian Edith Sheffer exposes that Asperger was not only involved in the racial policies of Hitler's Third Reich, he was complicit in the murder of children. As the Nazi regime slaughtered millions across Europe during World War Two, it sorted people according to race, religion, behavior, and physical condition for either treatment or elimination. Nazi psychiatrists targeted children with different kinds of minds—especially those thought to lack social skills—claiming the Reich had no place for them. Asperger and his colleagues endeavored to mold certain "autistic" children into productive citizens, while transferring others they deemed untreatable to Spiegelgrund, one of the Reich's deadliest child-killing centers. In the first comprehensive history of the links between autism and Nazism, Sheffer uncovers how a diagnosis common today emerged from the atrocities of the Third Reich. With vivid storytelling and wide-ranging research, Asperger's Children will move readers to rethink how societies assess, label, and treat those diagnosed with disabilities. "How To Finally Handle Your Child's Aspergers" Through These Easy Directions" Asperger's Syndrome (AS) is a type of developmental condition under the Autism Spectrum Disorder. While these children usually exhibit certain behavioral, physical, and social shortcomings, they can make up for it if you know how to guide them properly at every step of the way. This is precisely why this book was written - to help parents like you determine how you can help your child or loved one handle this problem. Though this book is primarily written for children? Some tips and advice can be used for teens and adults alike. You can expect varying progress after following the techniques revealed in this book. To help you boost the success rate, you need to put in the required amount of effort and time. This book will also provide you with a guide on what to look out for, if you suspect your child to have AS. Aside from this, you can learn more about the following aspects of AS: * Basics of Asperger's Syndrome * How Aspies are diagnosed * Ideal activities at home and in therapy sessions * Recommended toys and games for kids with AS * How they mingle with other people * How you can understand them better * Interesting bits of information about them * Avoiding burnout while you care for your child and so much more! Get your copy today! tags: adult aspergers, adult aspergers diagnosis, adults aspergers symptoms, apps for aspergers, asperger adult, asperger book children, asperger disorder, asperger female, asperger girls, asperger in love, asperger kenmerken, asperger kids, asperger kind, asperger long term, asperger marriage, asperger relationship, asperger romance, asperger signs, asperger symptoms, asperger
syndrom, asperger syndrome, asperger syndrome diagnostic scale, asperger syndrome support groups, asperger syndrome symptoms, asperger syndrome test, asperger test, asperger volwassenen, asperger workbook, aspergers, aspergers adults, aspergers adults symptoms high functioning, aspergers and lying, aspergers assessment, aspergers behaviour, aspergers books, aspergers checklist, aspergers dating, aspergers famous people, aspergers girls, aspergers husband, aspergers in adults, aspergers in adults symptoms, aspergers in children, aspergers in teens, aspergers in women, aspergers marriage, aspergers quiz, aspergers r us, aspergers relationships, aspergers resources, aspergers school, aspergers signs, aspergers support, aspergers support group, aspergers symptoms, aspergers symptoms checklist, aspergers symptoms in girls, aspergers symptoms test, aspergers syndrome aspergers test, aspergers test child, aspergers test for adults, aspergers test for kids, aspergers traits, aspergers treatment, aspergers uk, aspergers women, autism and aspergers, autism behavior checklist, autism books, autism canada, autism checklist, autism dvd, autism foundation, autism interventions, autism ireland, autism prognosis, autism puzzle, autism recovery, autism software, autism specialist, autism strategies, autism support groups, autism victoria, autisme bij volwassenen, autisme kenmerken, autisme pdd nos, autisme test, autismo asperger tratamiento, autismo moderado, books on asperger's syndrome, characteristics of a child with autism, characteristics of aspergers, characteristics of autism, characteristics of autism spectrum disorder, childhood autism, como se diagnostica el asperger en niños, dating someone with aspergers, diagnosing aspergers in adults, dsm 5 aspergers,